



Go2Karate

2022 1st Quarter Schedule

Effective February 1, 2022 4 locations serving put "your area here"

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tigers						
Starter-BEG/BC		5:15-5:45	5:15	5:15	4:45 weapons	10:45-11:15
Intermediate-MC/LP		5:15-5:45		5:15	5:15 weapons	10:45-11:15
Advanced-IP		5:15-5:45	5:15	5:15	5:15 weapons	10:45-11:15
Karate Kids ages: 6-12						
Starter-BEG/BC		5:45	5:45	5:45	5:45 weapons	11:15-11:45
Intermediate-MC/LP		6:15	6:15	6:30	5:45 weapons	11:45-12:30
Advanced-IP/EXP		6:15	6:15	6:30	5:45 weapons	11:45-12:30
Teens & Adult						
Starter-BEG/BC		7:15-7:45		7:15-7:45		10:00-10:45
Intermediate-MC/LP		7:15-8:00	7:00-8:00	7:15-8:00	6:45 weapons	10:00-10:45
Advanced-IP/EXP		7:15-8:00	7:00-8:00	7:15-8:00	6:45 weapons	10:00-10:45
IP/EXP Sparring						
Family Class						
			7:00-7:45		6:45-7:30	10:00-10:45
Instructional						
Jr. class Coaching/Instructing						
CIT PROGRAM						1:15-2:00
PIC ACCELERATED PROGRAM						1:15-2:00
IP Training						1:15-2:00
Specialty Training						
Extreme TEAM						12:30-1:15
Kickboxing						
			7:45-8:30		8:15-9:00	9:15-10:00
Private Lessons						
Krav Maga						
Starter-Krav Maga		8:00-8:45		8:00-8:45	7:30-8:15	9:15-10:00
Intermediate-Krav Maga		8:00-8:45		8:00-8:45	7:30-8:15	9:15-10:00
Advanced-Krav Maga		8:00-8:45		8:00-8:45	7:30-8:15	9:15-10:00
Coach / Instructor						
Krav Maga						
Rank Graduations						
Martial Arts	February	March	June	July	September	December
Krav Maga	February	April	June	August	November	

Tigers: Pre-School age children ages 3-5 learning life skills, listen & learn system, karate, safe defense and more...

Karate Kids (K4K): Go2Karate program focus' on character development life skills, self defense skills, and karate kid drills & skills, and the Karate Kid advancement system.

Family Class: Go2Karate offers family classes where both adult and children can train in the same class in a safe environment.

Teens/Adults: Go2Karate offers a Teens & Adult Martial Art class designed for those seeking a traditional martial arts experience.

Krav Maga: A reality based system that simply works. From civilians, the law enforcement, local-state-federal government agencies and our military members the Go2Karate Krav Maga system is serving local community members.

Kickboxing: Get Fit! With a fast paced, high energy Kickboxing class that teaches traditional Kickboxing and Muay Thai techniques in a modern manner.